



***THE CAMPAIGN FOR***

***VETERANS SANCTUARY***

**This is an opportunity to invest in a long-term improvement to the quality of life for Veterans, their families, and our community.**

**Veterans Sanctuary is a new program that will help Veterans from our region and throughout the state who are suffering from addiction to drugs and alcohol and the effects of Post Traumatic Stress Disorder.**

**Why Veterans Sanctuary is needed:**

- Pennsylvania has the fourth-largest population of Veterans in the United States (over a million living Veterans) – after California, Florida and Texas. The Lehigh Valley is home to over 50,000 Veterans.
- According to estimates by Army Chief Psychologist, Dr. Elspeth Richie, over 5,500 veterans will return home to Pennsylvania with a substance abuse problem.
- One in four homeless persons are veterans in our country. Approximately 11% of the inmates in our State Prisons are veterans.
- There are untold numbers of Veterans suffering from Post Traumatic Stress Disorder (or PTSD), alcoholism or addiction from previous wars.
- **The Department of Veterans Affairs, despite its best efforts, does not have the capacity to treat substance abuse and PTSD to the extent that these conditions need to be treated. Veterans need our help. Now.**
- **Veterans Sanctuary will fill a void. It will help Veterans recover from Invisible Wounds. There is no program like this in Pennsylvania.**

**About Veterans Sanctuary:**

- Veterans Sanctuary has 32 beds and serves with male and female Veterans.
- The Therapeutic Community (TC) model is utilized in the program which emphasizes the principals of “each one, teach one” or “Vet Helping Vet”. Specific services and length of stay are tailored to individual’s needs.

- The families of Veterans will also participate in educational programs to learn about PTSD and the issues that arise during a Veteran's readjustment to civilian life. There is a Family Room at Veterans Sanctuary to accommodate families coming from a distance who cannot afford to stay in a hotel while visiting their loved one.
- Alumnae of Veterans Sanctuary will learn intervention skills, de-escalation skills, and mentoring to help other Vets and to sustain their own recovery.

### **About Treatment Trends**

- Treatment Trends, Inc. has been providing drug and alcohol treatment services for over 40 years.
- The agency has had Consistent Leadership (Executive Director founded the agency; key administrative staff are with the agency for over a decade; Board leadership is long-standing)
- Treatment Trends and its staff members meet the requirements of the PA Department of Drug and Alcohol Licensure. Clinical staff members are degreed and include Licensed Professional Counselors, Licensed Social Workers, and Clinical Social Workers.

### **Where We Stand In the Capital Campaign for Veterans Sanctuary**

- The Treatment Trends, Inc. Foundation purchased the building at 24 S. Fifth Street in Allentown, PA at a cost of \$450,000 in 2008. The building was purchased outright and there is no mortgage. However, the building needed extensive renovation to convert it to a 32-bed treatment center. The total cost of the renovation is \$2,500,000 with over \$1,600,000 raised or invested to date.

**Please join others who see the need for the services Veterans Sanctuary provides. Your gift will enable Treatment Trends to fully execute a model program in a refurbished building – to serve those who have served us.**