

The Many Aspects of Prevention Lehigh Valley Summit 2019

**Thursday, May 30, 2019
9 a.m. – 4 p.m.**

8:00 – 9:00	Registration, Continental Breakfast and Networking
9:00 – 9:15	Welcome/Framing the Day/Introduction of the Keynote Presentation
9:15 – 9:45	Keynote Presentation “Growing Hope” John Shinholser
9:45 – 10:00	BREAK
10:00 – 11:30	BREAKOUT SESSIONS: Participants will be assigned rotation through the breakout sessions at registration
11:30 – 12:30	LUNCH/Networking/Resource Fair
12:30 – 2:00	BREAKOUT SESSIONS
2:00 – 2:10	BREAK
2:15 – 3:45	BREAKOUT SESSIONS
3:45– 4:00	Summarizing the Day and Inviting Topic Ideas for Next Year

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Breakout Session One

The presentation will provide an overview of prevention in its many forms, including best practices and effective strategies. It will feature information about prevention efforts in the Lehigh Valley.

Presenters: Kathy Martinez Collier, MEd
Prevention Director
Chester County Department of Drug and Alcohol Services

Amy Brenfleck, MS
Valley Youth House

Denise Continenza, MEd
Extension Educator- Food, Families & Health
Penn State Extension- Lehigh County

Kristen Hettrick, BA
Director Prevention and Student Assistant Program
The Center for Humanistic Change

Participants will be able to:

1. Understand the difference between primary, secondary and tertiary prevention
2. Understand the importance of primary prevention in combating ATOD misuse and abuse
3. Recognize best practices in primary prevention
4. Identify effective prevention strategies

Participants will also learn about Lehigh Valley prevention programs

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Breakout Session Two

The presentation will provide an overview of community-based efforts that are helping to prevent relapse into addiction. It will highlight the role of Certified Recovery Specialists

Presenters: Chris Jacob, MS, CRS
Associate Director
Treatment Trends, Inc.

Mike Salter, MPA
RIPP drug and alcohol program, program coordinator
Lehigh County Jail

Michelle Steiner, MS, CAADC, LPC
COE Care Manager/Project Director
Treatment Trends, Inc.

Participants will:

1. Learn about how Certified Recovery Specialists are working in the community and how they assist individuals to achieve and maintain recovery from addiction.
2. Receive information and discuss community-focused programs including the program within Lehigh County Jail, Center of Excellence for Opioid Use Disorder at Treatment Trends, Lehigh County Blue Guardian, and the Allentown Outreach initiative.

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Breakout Session Three

The presentation will provide information about the use of Suboxone™ and Vivitrol™ as medically assisted treatment components and will also offer an overview of the use of naloxone (Narcan™) to reverse overdose. The presentation will also discuss trauma informed care as a tool for overdose prevention.

Presenters: Abby Lechter, MD

Founding Medical Director Neighborhood Health Centers of the
Lehigh Valley

Master Clinician, Lehigh Valley Health Network

Jazmine Irizarry, BSN, RN, CARN

Neighborhood Health Centers of the Lehigh Valley

Federally Qualified Health Center and Center of Excellence for Opioid
Use Disorder

Participants will:

1. Understand Narcan's use and how it works to reverse opioid overdose
2. Understand how the use of medications can facilitate engagement in treatment
3. Discuss the use of Medication Assisted Treatment to reduce harm