

## Employment and Residency

Participants secure full time, legal employment during Halfway Home residency. All participants unable to work due to verifiable disability will be required to engage in an alternative area of productivity such as volunteerism, ongoing education or community service. Upon discharge from the Halfway Home, the participant must secure independent living in Lehigh County. Independent living must have the on-going approval of the Probation Officer and Case Manager. Group or family living will only be considered if the participant has a personal telephone line. Participants may not live with persons who are currently on parole or who are under indictment, unless authorized by the PO and Case Manager.

**Cost:** Funding for TCAP is provided through a grant from the PA Commission on Crime and Delinquency, and the Lehigh County Drug and Alcohol Commission.

### Supportive Services

Support services may include OB/GYN, Planned Parenthood, GED, vocational training, local clinics, routine medical and psychiatric monitoring.

Certified Recovery Specialists provide support throughout all phases of treatment and post treatment to encourage recovery.

## Referral Information

### Program Outline

Clients could begin treatment at any of the following phases depending on ASAM placement:

- ✦ *Intensive* residential in patient treatment at Keenan House (men only) Women are referred to Pyramid Lehigh Valley
- ✦ Reentry Phase residential treatment at The Half Way Home of the Lehigh Valley
- ✦ *Intensive* Outpatient Treatment at Confront
- ✦ Outpatient treatment at Confront
- ✦ Intensive Supervision and Case Management determined by discharge recommendation

Advancement through the program is clinically driven and based upon successful completion of each phase. An individual's time in each phase may vary.

Keenan House, Halfway Home of the Lehigh Valley and Confront are licensed by the Commonwealth of PA Dept. of Health, Department of Drug & Alcohol Programs. Together they represent a continuum of care providing assessment, habilitative and rehabilitative drug and alcohol treatment, case management and supervision services.

### Supervision & Field Monitoring

Intensive supervision by Lehigh County Adult Probation runs concurrent throughout the duration of the program. Random urine drug screens and breathalyzer tests are required. Electronic field monitoring begins upon graduation from the Halfway Home and continues for 3 to 6 months depending on the level of the offender.

## TCAP

### Treatment Continuum Alternative Program

### Treatment Trends Inc.



### Treatment Alternative to Prison

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# The Treatment Continuum Alternative Program

## WHAT IS TCAP?

TCAP is a Restorative Intermediate Punishment (RIP) program that offers diversionary sentencing to eligible offenders. It upholds key principals of public safety and accountability while offering a treatment opportunity to individuals wanting to reclaim their lives from addiction to alcohol and/or drugs.

## ELIGIBILITY CRITERIA

- Adult Lehigh County Residents
- Alcohol or other drug dependencies
- Level 2, 3, or 4 as defined by the PA Commission on Sentencing
- Voluntary consent to participate
- Court Approval
- Non-violent offender (drug and alcohol related violence evaluated case by case)

## EXCLUSIONARY CRITERIA

### HISTORY OF:

- Arson
- Sex offenses
- Violence
- Unmanageable or unstable mental health issues
- An I.Q. lower than 75

### Special Considerations:

- Close familial or intimate relationship with a client currently receiving our services, evaluated by case
- Pregnancy, evaluated by case
- Co-Occurring mental health disorder

### Special Considerations (cont.):

- Co-occurring disorder clients –A specialized treatment track within the Keenan House therapeutic community program targets individuals with addictive disorders, complicated by a co-existing mental health disorder.

TCAP is available to all qualifying individuals regardless of age, race, sex, ethnicity, national origin, marital status, HIV status, sexual orientation, physical/mental disabilities or religion.

## TREATMENT PHILOSOPHY

Addiction is defined by the National Institute of Drug Abuse (NIDA) as a chronic, relapsing brain disease that is characterized with compulsive drug seeking and use, despite harmful consequences. It is considered a brain chemistry disease because drugs change the brain – they change its structure and how it works. These brain changes can be long lasting, and can lead to the harmful behaviors seen in people who abuse drugs.

Getting an addicted person to stop abusing drugs is just one part of a long and complex recovery process. When people enter treatment, addiction has often taken over their lives.

The compulsion to get drugs, take drugs and experience the effects of drugs has dominated their every waking moment and drug abuse has taken the place of all the things they used to enjoy doing. It has disrupted how they function in their family lives, at work, in the community and has made them more likely to suffer from other serious illnesses. Because addiction can affect so many aspects of a person's life, treatment must also address the needs of the whole person to be successful.

This is why the best programs incorporate a variety of rehabilitative services into their comprehensive treatment regimens. Treatment counselors select from a menu of services for meeting the individual medical, psychological, social, vocational and legal needs of patients to foster their recovery from addiction. These services are offered through the continuum of care at Keenan House (inpatient Therapeutic Community), Halfway Home of Lehigh Valley and Confront (intensive outpatient and outpatient treatment).

TCAP is enhanced by an effective treatment team that includes a Physician and Psychiatrist, Licensed Social Workers and Professional Counselors, Certified Addiction Counselors, a case manager and probation officer dedicated to working with the offender through the entire diversionary sentence. The team is trained in addictions, co-occurring disorders and criminality and utilizes "best practices" to optimize outcomes such as:

- Increased insight and skills to intervene into personal relapse patterns, addictive and criminal lifestyles
- Increased impulse control and pro-social behaviors
- Improved self-image and coping skills
- Healthier interpersonal relationships
- Drug, crime and violence free lifestyles.