"Building Capacity in Trauma-Informed Care"

A training series funded by a grant from the Pennsylvania Commission on Crime and Delinquency

Fall 2014
Fall 2014 Schedule

All courses are held in the Auditorium at TTI Admin Office Building

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September 26, 2014, 9 AM to 4 PM

The Importance of Self-Care for Professionals Working in Clinical Settings: Understanding & Managing Vulnerabilities

Emily Nash, LCAT & Stephanie Wise, MA, ATR-BC, LCAT

October 10, 2014, 9 AM - 10:30 AM

Coffee, Croissant and Conversation with Crime Victims Council of the Lehigh Valley

October 17, 2014, 9 AM - 10:30 AM

Coffee, Croissant and Conversation with Turning Point of the Lehigh Valley

October 24, 2014, 9 AM - 4 PM

A Trauma-Informed Approach to Supervision for Professionals Working in Clinical Settings: Theory & Practice Utilizing Connection & Creativity

Emily Nash, LCAT & Stephanie Wise, MA, ATR-BC, LCAT

November 13 and 14, 2014, 9 AM - 4 PM

Creating Cultures of Trauma-Informed Care

A "Roll Up Your Sleeves" consultation and enhancement of the training presented on May 8, 2014

Lori Beyer, LICSW, MSWAC

Registration Form: All courses presented at no cost

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Accreditation

Unless otherwise indicated, all courses in this catalog undergo an application process and are submitted for approval for accreditation from the PCB for CADC/LPC credits and the State Board of Licensed Social Workers for LSW credits.
The Importance of Self-Care for Professionals Working in Clinical Settings: Understanding & Managing Vulnerabilities

Emily Nash, LCAT
Stephanie Wise, MA, ATR-BC, LCAT

Less than optimal attendance to one's self as a provider can lead to burnout and even vicarious traumatization. This workshop will elucidate many of the factors leading to such negative outcomes as well as ways to counterbalance the emotional/psychological stressors involved in clinical work. The RICH Guidelines for Healthy Practice and the adjunctive use of the creative arts will bring a clearer, hands-on understanding of how self-care concepts can be translated into practical experience.

Upon completion of this workshop, the participant will be able to:

1. Define various traumatization
2. List 3 types of risks for health care providers
3. List 2 elements necessary for addressing their own needs in the face of increasing clinical demands
4. Explain the adjunctive role of the arts in utilizing the RICH Guidelines

Biographies

Emily Nash, LCAT is a Licensed Creative Arts Therapist in the state of New York. She is founder and co-Director of The Therapeutic Arts Alliance Manhattan (tTAAM). Her extensive work with traumatized communities includes work with Veterans struggling with PTSD and traumatic brain injury, survivors of domestic violence, educators, mental health professionals and children in Bosnia and the Middle East suffering from the aftermath of war, trafficked women and severely traumatized children. She has a private practice in NYC and has had extensive experience in the theatre.

Stephanie Wise, M.A., ATR-BC, LCAT, is the Clinical Assistant Professor in the Art Therapy Program at Marywood University in Scranton, PA where she has been teaching since 2007. She is a professional member of the American Art Therapy Association and a former director of the Art Therapy Credentials Board (ATCB). Stephanie is a Licensed Creative Arts Therapist in New York State where she also maintains a small private practice.
Courses

October 10 & 17, 2014
TTI Admin Building
9 AM to 10:30 AM

Coffee, Croissant and Conversation
with Crime Victims Council of the
Lehigh Valley and Turning Point of
the Lehigh Valley

Current literature and research supports a correlation between the incidence of victimization and trauma, and subsequent issues of alcohol and drug abuse. Individuals who have not received initial support for their trauma often develop unhealthy coping mechanisms including substance abuse. Conversely, substance-abusing individuals are often at a very high risk for further victimization.

2013 Substance Abuse Education and Demand Reduction
Joint Solicitation - Victim Services, PCCD

A special invitation is extended to our region's substance abuse treatment agencies to participate in learning sessions with our victim service providers, Crime Victims Council of the Lehigh Valley and Turning Point of the Lehigh Valley. The purpose of "Coffee, Croissant and Conversation" is to develop a greater understanding of the services each provides and to increase knowledge about addiction, crime, sexual violence, and domestic partner violence, with the goal of strengthening the referral process between our agencies.

Upon completion of the orientation series, participants will:

1. Develop a greater understanding of services provided by victim service agencies and addiction treatment agencies
2. Build staff relationships across agencies to better serve clients/consumers
3. Identify opportunities for staff cross-training opportunities on addiction, crime, and domestic partner violence
A Trauma-Informed Approach to Supervision for Professionals Working in Clinical Settings: Theory & Practice
Utilizing Connection & Creativity
Emily Nash, LCAT
Stephanie Wise, MA, ATR-BC, LCAT

This training will focus on a trauma-informed approach to creating the supervisory experience. Through utilization of a process called Trauma Informed Dynamic Attunement (TIDA) participants will develop an understanding of the supervisor’s capacity to maximize the supervision experience for clinicians and students-in-training by creating awareness and transformation through accessing latent and manifest needs of the client(s). Multiple access ports through conversation and the arts disciplines will be demonstrated to show the usefulness of metaphor as mediator in the process of self-exploration as well as interpersonal and clinical growth. Case examples will be shared and participants are encouraged to bring specific supervisory challenges to be explored.

Upon completion of this workshop, the participant will be able to:

1. Define Trauma-Informed Dynamic Attachment (TIDA)
2. List 3 reasons the arts can play a vital role in the supervisory experience
3. Compare and contrast manifest vs. latent needs

Biographies

Emily Nash, LCAT is a Licensed Creative Arts Therapist in the state of New York. She is founder and co-Director of The Therapeutic Arts Alliance Manhattan (tTAAM). Her extensive work with traumatized communities includes work with Veterans struggling with PTSD and traumatic brain injury, survivors of domestic violence, educators, mental health professionals and children in Bosnia and the Middle East suffering from the aftermath of war, trafficked women and severely traumatized children. She has a private practice in NYC and has had extensive experience in the theatre.

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Courses

November 13 & 14, 2014

Creating Cultures of Trauma-Informed Care: Consultation and Training
Lori Beyer, LICSW, MSWAC

Upon completion of this workshop, the participant will be able to:
1. Identify key differences between a trauma screening and a trauma assessment
2. Describe specific ways in which trauma-informed services have been implemented in mental health and substance abuse programs and also describe how these services assisted with better mental health and an increased ability and willingness to receive addiction treatment.
3. Describe the reasons for doing skill building with trauma survivors and identifying skill building approaches
4. Identify trauma-specific interventions and describe the differences between different approaches

Biography

Lori Beyer, LICSW, MSWAC, is a supervisory trauma clinician and lead trainer at Community Connections, a private, not-for-profit agency providing a full range of human services in Washington, D.C. Ms. Beyer specializes in providing workshops, trainings, and ongoing supervision and consultation to agencies and clinicians nationally on issues related to trauma-specific and trauma-sensitive service provision.

Ms. Beyer has over 15 years of experience working with adults who are dually diagnosed with a serious mental illness and substance abuse disorder, and have histories of homelessness and violent victimization. She was an original member of the Community Connections trauma workgroup which developed the TREM model, and has co-led numerous group treatment interventions in areas such as Trauma Recovery and Empowerment, Parenting Skills and Domestic Violence.
Fall 2014 Registration Form

Name: ______________________________________________________

Program/Agency: _____________________________________________

Address: ____________________________________________________

Phone: ______________________ City: __________________________

State:  ____  Zip: ________  Email: ______________________________

[ ] The Importance of Self-Care
September 26, 2014, 9 AM to 4 PM

[ ] Coffee, Croissant and Conversation with Crime Victims Council of the Lehigh Valley
October 10, 2014, 9 AM to 10:30 AM

[ ] Coffee, Croissant and Conversation with Turning Point of the Lehigh Valley
October 17, 2014, 9 AM to 10:30 AM

The Conversation workshops have been submitted together for 3 Hours of PCB continuing education credits only. Participants are encouraged to attend both workshops to receive the full credit.

[ ] A Trauma-Informed Approach to Supervision

[ ] Creating Cultures of Trauma -Informed Care
Please list your agency workgroup/attendees:
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2. 
3. 
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5. 
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10. 

To register, send to: Treatment Trends Training Institute, Attn: Diana Heckman, PO Box 685, 24 South Fifth Street, Allentown, PA 18105

Phone: 610-432-7690 (x248)
Fax: 610-439-0315
Online: www.treatmenttrends.org