

Treatment Trends Training Institute
www.treatmenttrends.org



Spring 2023 Training Track

April 21—June 9, 2023

Spring 2023 Schedule



*All classes are held in the auditorium
at Treatment Trends Halfway Home,
24 South Fifth Street, Allentown, PA*

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Accreditation

All courses in this catalog are submitted for accreditation from the Pennsylvania Certification Board (PCB).

*** These courses have been submitted for accreditation from the State Board of Licensed Social Workers, Professional Counselors, & Marriage/Family Therapists.**

\$60 Workshop fee include CEU's.

Courses



Comprehensive Clinical Application of Grief Counseling in SUD Treatment Brynn Cicippio, LMFT, CAADC

**April 21, 2023
9 AM - 4 PM**

Excessive alcohol use was responsible for more than 140,000 deaths in the United States each year during 2015–2019, or more than 380 deaths per day, according to the CDC. This number has greatly increased since the pandemic and does not include drug related deaths, such as opioid overdoses.

Clinicians working in the field of substance use disorder treatment must have the expertise and skills to effectively support clients and their family members facing the complex landscape grief, loss, and trauma.

Learning Objectives

Participants will:

- Identify Current Treatment Models of Grief Counseling
- Develop three specific skills in Grief Counseling
- Identify influence of culture and diversity in both grief counseling and substance use disorder treatment
- Understand the prevalence of grief and loss in substance use disorder treatment

Biography

Brynn Cicippio is the Founder of BCA Therapy in Wayne, PA. Her career path has included the following positions: Adjunct Professor in LaSalle University's Counseling and Family Therapy Master's Program, Clinical Supervisor at Rise Above, Drug Court Clinical Coordinator and Outpatient Therapist.

Brynn earned an MA in Clinical Counseling Psychology, and a BS in Criminal Justice. She is a licensed Marriage and Family Therapist and holds a CAADC. She has provided training at many conferences throughout the Commonwealth.



Courses

May 12, 2023
9 am—Noon
1 pm—4 pm

Professional Ethics in Peer Support Services, Part One and Part Two Brad Schweitzer, MS, CADC, CIP, CRS, CRSS

Basic Concepts of Ethics in Peer Culture Part One training will review the roles and functions that peer providers play in the development and delivery of ethical services. Participants will also gain insight into the core values of the CRS, and gain an increased understanding of ethics, codes of ethics and the laws that surround ethical conduct.

Learning Objectives:

- Identify the functions and roles peers play in the development and delivery of ethical peer-based recovery services
- Identify the core values and obligations of the CRS
- Increase understanding ethics, codes of ethics and laws surrounding ethical conduct
- Identify ethical issues that could arise and offer guidance in dealing with ethical issues.

Values, Ethics and Boundaries in Peer Culture Part Two is a continuation of Part One. When providing peer-based recovery services, the CRS will be faced with situations that will challenge their values, as well as create ethical dilemmas and pose issues with boundaries. Participants will work together on a variety of realistic case studies to solve ethical dilemmas and create a plan to deal with value conflicts, boundary violations, and boundary crossings.

Learning Objectives:

- Identify what professionalism is and the components of professionalism
- Gain a deeper insight into boundaries, boundary violations, and setting healthy boundaries
- Gain a deeper insight into values, values conflicts and avoiding value conflicts.

Biography

Brad Schweitzer, MS, CADC, CIP, CRS, CRSS has been working within the behavioral health field for over a decade. His treatment work experience includes: Associate Director of Operations, Peer Support Supervisor, Recovery Support Services Supervisor, Therapist, Case Manager, Mental Health Recovery Coach and Addictions Navigator. Brad is the owner of Behavioral Health Education Services LLC, for which he develops and facilitates trainings focused on professionals seeking PCB-approved education for initial and recertification purposes. He is one of the Lead Subject Matter Experts (SME) for the PCB Approved CRS/CFRS Curriculum released in January 2021.

Brad holds an A.A. in Psychology, B.A. in Behavioral Health – Addictions, and a M.S. in Human and Social Services. His focus on the development of quality professional education offerings helps to fulfill one of his passions; to thoroughly train individuals seeking the CRS, CFRS, and CRSS certifications. He takes great pride in preparing professionals to collaboratively work with individuals to overcome personal barriers and access resources needed to promote and strengthen their ongoing behavioral health and mental health wellness.

Courses



Trauma and Addiction

Ken Montrose, MS, ED

May 19, 2023
9 AM—Noon

The purpose of this workshop is to alert professionals to the prevalence and treatment implications of trauma. The workshop is based on SAMSHA's TIP 57: Trauma-Informed Care in Behavioral Health Services, which explores the impact of trauma and how to screen for it. The publication outlines ways agencies can avoid re-traumatizing clients.

Learning Objectives

Participants will be able to:

- Screen for trauma
- Recognize the interaction between trauma, substance abuse, and mental illness
- Help clients describe the adaptive aspects of their behavior/thoughts/feelings related to trauma
- Evaluate the potential for re-traumatization inherent in their treatment strategies, program procedures, and organizational policies
- Improve clients' sense of efficacy
- Help clients access trauma-related resources.

Biography

Ken Montrose, M.S. ED. is Director of Trainings and Publications at Greenbriar Treatment Center, where he has worked since 1999. Prior to establishing Greenbriar's training and publications division, he was the Director of Clinical Services. For eight years he worked as an addiction specialist at Western Psychiatric Institute and Clinic, establishing recovery programs for patients suffering from severe mental illnesses. A Certified Alcohol and Drug Counselor, he also holds a Master's degree in Developmental Psychology. He has been in recovery from his own addiction since October 2, 1988.

Throughout his career, Ken has had three main focuses:

- ◇ To integrate mental health and substance abuse services
- ◇ To make training, treatment, and reading materials as down-to-earth and accessible as possible
- ◇ To help professionals adapt to and deal with the ongoing changes and inherent stress of dual diagnosis treatment.



Courses

May 19, 2023
1 PM—4 PM

Forgiveness in Recovery Ken Montrose, MS, ED

The purpose of this workshop is to teach professionals how to help consumers manage forgiveness. Ken will explore the notion that others do not owe us forgiveness, and no matter how well we do in recovery, we cannot force them to forgive us. Participants will look at the AA slogan “clean your side of the street” as it pertains to forgiving others, especially those we have difficulty forgiving. We will conclude with a discussion of why not forgiving someone may be a healthy response.

Learning Objectives

Participants will be able to:

- Explain the eleven principles of forgiveness outlined in the text/presentation.
- Explain how certain AA/NA slogans apply to being forgiven/not being forgiven
- Help consumers apply 12 Step practices to forgiveness, e.g. taking a daily inventory of what one has done to deserve forgiveness
- List things many people find unforgiveable
- Explain the reasoning for forgiving, while holding people responsible for their actions
- Help clients explore when they should make amends

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Examining Personal Biases and Discussing CLAS Standards to Improve Treatment Services

**June 9, 2023
9 AM—4 PM**

Marilyn Stein, MEd

The opportunity for health and welfare must be provided to all in an equitable manner. According to the Department of Health and Human Services, “Health equity is the attainment of the highest level of health for all people.” Currently, it is clear that this is not fully realized in the United States. This applies to those seeking recovery from Substance Use Disorders as well.

The goal of this knowledge and attitude-based workshop is to advance the awareness and understanding of the National Standards for Culturally and Linguistically Appropriate Services in Health Care (CLAS). Additionally, participants will take a subjective look at their own culture and explore their own personal biases and prejudices to expand self-awareness, which is a first step to offering culturally appropriate services to those unlike themselves. Finally, this workshop will explore ways we can implement CLAS standards on a personal and organizational level.

Learning Objectives

Participants will:

- Discuss methods for providing effective, equitable, understandable, and respectful care and services
- Learn about CLAS principal standards specifically regarding the importance of education and training
- Turn the lens inward and consider our own culture including personal biases, assumptions, and prejudice and the role our own culture plays in understanding others
- Learn methods for peacefully understanding views and beliefs different from their own

Biography

Marilyn Stein founded MGS Consulting, a training and consulting organization, upon retiring as a parole officer in 2002. Her singular goal: To bring evidence-based behavioral health advances to courtrooms, counseling spaces, prisons, and individuals struggling to figure out how to live their best lives.

While she specializes in the tangled relationship between trauma and addiction, Marilyn has spoken, trained, and developed curriculum on topics spanning motivational interviewing, cultural competence and professional ethics. Marilyn’s training content is complemented by her engaging delivery. Her following includes court systems, judges, probation officers, treatment professionals, recovery programs, private corporations, and individuals in recovery. All appreciate her ability to reach people – and respect them while doing it.

Registration Information

Ways to Register

Mail with payment to:

Treatment Trends Training Institute

Attn: Diana Heckman

PO Box 685

Allentown, PA 18105

Phone: 610-432-7690 (x1217)

Fax: 610-439-0315

Online: **www.treatmenttrends.org**
 Select TTI Training Institute

Payment

Payment should be made in advance of class start date, however walk-ins or late registration payment at the door is acceptable in cash, check or money order made payable to Treatment Trends, Inc. We do not accept debit or credit cards for payment at the door.

Refunds and Cancellation Fees

Diana Heckman must be notified at least 24 hours in advance if an individual cannot attend a training. Substitutions are permissible! Individuals who cancel will be given the choice of a refund or credit towards another course in the current track. **There are no refunds or credits issued for no-shows.** Cancellations after the 24-hour window will be subject to a \$25 processing fee. If Treatment Trends would need to cancel a training, participants may choose either a full refund or credit towards another course in the current or next available track.

Accreditation

All courses, unless otherwise indicated, are submitted for accreditation from the Pennsylvania Certification Board (PCB) and the State Board of Licensed Social Workers, Marriage and Family Therapists and Professional Counselors. Check our web site for official confirmation of credit approval.

Directions and Parking Info

Contact : dianaheckman@treatmenttrends.org/ 610-432-4690

Group Discounts! We currently offer a group discount program. For 3-5 people, the discount is 5%; For 6-10 people, the discount is 10%; For groups over 10 the discount is 15%.