

## TREATMENT CONTINUUM ALTERNATIVE PROGRAM

Treatment Continuum Alternative Program (TCAP) is a restorative diversionary program that offers recovery based services for individuals in Lehigh County.

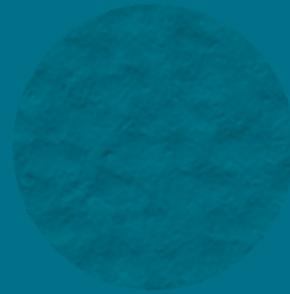
The program upholds key principles of public safety and accountability while offering a treatment opportunity to individuals wanting to reclaim their lives that have been negatively impacted by drug addiction & alcoholism.

TCAP is funded by the Pennsylvania Commission on Crime & Delinquency (PCCD) and Lehigh County Drug & Alcohol Commission.

**Find Recovery.  
Heal Community.**

**TREATMENT TRENDS**

[www.treatmenttrends.org](http://www.treatmenttrends.org)



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**TREATMENT  
TRENDS**

**Lehigh County  
TCAP**





## ELIGIBILITY

Eligible individuals must be a Lehigh County resident over the age of 18 with alcohol or other drug dependencies. Individuals must meet a level 2, 3 or 4 as defined by the Pennsylvania Commission on Sentencing with court approval and voluntary consent to participate. TCAP is available to all qualifying individuals regardless of age, race, creed, sex, ethnicity, color, national origin, marital status, sexual orientation, handicap, or religion.

Individuals with a history of arson, sex offense(s), violence separate from drug/alcohol use, un-managed or unstable psychiatric/medical conditions (including detox), and/or an I.Q. lower than 75 are *not* eligible to participate.



## CONTINUUM PROCESS

Participants have the opportunity to begin the process in a 24-hour residential setting where they will identify personal goals for their treatment continuum. Participants may then transition to a halfway house, and are able to secure full time, legal employment during their residency. All participants unable to work due to verifiable disability will be required to engage in an alternative area of productivity such as volunteerism, ongoing education, or community service. Upon discharge from the halfway house, the participant must secure independent living in Lehigh County through their entirety of the TCAP sentence and attend Intensive Outpatient (IOP)/Outpatient treatment (OP). Independent living must have the on-going approval of the probation officer and case manager. Participants must give a verifiable address and be met with at their residence by probation as scheduled.

## PHILOSOPHY

TCAP is enhanced by an effective treatment team that includes a physician, psychiatrist, licensed social worker, professional counselors, case manager, and probation officer dedicated to working with the offender through the entire diversionary sentence.

The team is trained in addictions, co-occurring disorders, and criminality, and utilizes best practices to optimize outcomes such as: Increased insight and skills to intervene into personal relapse patterns, addictive, and criminal lifestyles; increased impulse control and prosocial behaviors; improved self image and coping skills; healthier interpersonal relationships; drug, crime, and violence free lifestyles