

**All Are
Welcome.**



**Get the
Support You
Need.**



CONTACT US

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8:00am-4:00pm

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**ALLENTOWN
THE CENTER**

**Funded by Lehigh County
Drug & Alcohol**



**TREATMENT
TRENDS**



OUR MISSION

To instill hope and encourage recovery through connections in a safe, supportive environment.

OUR VISION

Individuals who are seeking and maintaining recovery will be able to reestablish a meaningful life with purpose, in a community free of stigma against substance use disorder.



www.treatmenttrends.org

OUR CENTER

The Center offers a safe, recovery-focused environment for individuals in need of help, support, and community. An inclusive and supportive environment is provided to help each person to navigate through their individual recovery needs and goals. This is not a treatment facility, but a place where one can be connected to resources and services as needed, such as...

- 12-step support groups
- Bridge to resources
- Women's & men's groups
- Journaling
- Community laptops and phone
- Connection to others in recovery
- Music, arts, & crafts
- Recovery-based reading materials
- Connection to treatment services & more...

CERTIFIED RECOVERY SPECIALISTS

WHAT IS A CRS?

A Certified Recovery Specialists (CRS) is an individual in long-term recovery who supports other individuals seeking recovery from Substance Use Disorder. They provide peer-to-peer assistance in removing barriers, identifying strengths, and providing resources to those who are contemplating, initiating, and maintaining recovery. A CRS is non-clinical, and does not replace a counselor or a sponsor, but does serve as a role model, mentor, advocate, and motivator.

CRS ROLES

A CRS initializes individuals into early recovery and positions them for long-term success. They support before, during, and after treatment and guide in the recovery process by educating individuals, helping to develop a personal recovery plan, and introducing them into the recovery community.

HOW CAN A CRS HELP?

A CRS can help identify barriers & strengths, connect individuals with recovery resources & supports within the community, connect individuals with various treatment options, help with identifying & accomplishing basic personal & professional goals to improve life, and help individuals maintain engagement in the recovery process to reduce the likelihood of relapse.

OUR OUTREACH

Our CRS Outreach Team connects with individuals in the community to provide support and resources. The Team meets each individual with acceptance, utilizing a harm reduction approach, wherever they may be in their recovery process.