

OUR PROGRAM

Allentown Residential is a progress based residential program that focuses on mental health in relation to substance use disorder (SUD). Our goal is to help support individuals by creating treatment plans where we assist in reaching their desired goals.

Our program is structured in three phases, during which residents will have an individual counselor as well as a group counselor to help navigate their journey. Clinical Technicians will monitor, facilitate and supervise all resident activities in support of the Clinical Counseling Team.

All residents begin their journey at Allentown Residential in Phase 1, where they become acclimated to the program. During Phase 2, residents gain insight into healthy communication and resources. In Phase 3, residents focus on relapse prevention and preparation for transitioning levels of care as the program is completed.



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ALLENTOWN
RESIDENTIAL

A background image showing two hands, one darker-skinned and one lighter-skinned, reaching towards each other in a gesture of support or connection.

tti TREATMENT
TRENDS



OUR MISSION

To empower the community to discover pathways to recovery by providing quality, compassionate care.

Our goal is to create an environment in which individuals dealing with SUD/AUD want to be a part of and know they are welcomed. Allentown Residential recognizes that no one recovers alone.

Our community-based approach supports our mission and our goal.

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RESIDENTIAL

PHASE ONE

Residents become acclimated to the program by working closely with staff as they experience a 7 day “black-out” period where they are not prohibited to leave the house. This allows residents to get to know the staff and settle into their new, temporary home. Residents then meet with the intake coordinator who will provide an initial treatment plan. Within 3 days, they will meet with their individual counselor to conduct a PTSD Assessment, Psychosocial Evaluation, and create a Master Treatment Plan. Residents are provided with a mentor to help bridge the gap between their previous environment and their new residence.

PHASE TWO

Residents focus on their relationship with their family and begin to engage in the community. Residents gain insight into healthy communication and recovery based supports. During this phase, residents take on additional responsibilities.

PHASE THREE

Residents prepare to transition to the next level of care as they are tasked with acting as community advocates. Residents will be able to identify potential triggers, coping skills, and available supports as they solidify aftercare plans.

In this Phase, residents successfully complete the program.