



# Training Institute

**Fall 2023**  
**Training Track**

## **SESSIONS:**

- September 15
- September 29
- October 13
- October 27
- November 17

[WWW.TREATMENTTRENDS.ORG](http://WWW.TREATMENTTRENDS.ORG)



# Fall 2023 Schedule

Trainings are held in the auditorium at  
**TTI Allentown Halfway Home**  
24 South 5th Street, Allentown PA 18101

**Friday, September 15, 2023**      **9AM - 4PM**      2

**\*Treatment Needs of Women & the Impact of Stigma**  
Kimberly McGlaughlin, PhD, LPC, CAADC

**Friday, September 29, 2023**      **9AM - 12PM**      3

**Professionalism in the Workplace (Peer Focus)**  
Brad Schweitzer, MS, CADC, CIP, CRS, CRSS

**Friday, October 13, 2023**      **9AM - 4PM**      4

**\*Ethics & Professionalism**  
Eric Webber, MA, CADC, ASAT, CCPG  
*\*This course will satisfy Ethics requirements*

**Friday, October 27, 2023**      **9AM - 4PM**      5

**\*SUD Treatment in a Dual-Diagnosis World**  
Martha Thompson, PsyD, LPC, CADC

**Friday, November 17, 2023**      **9AM - 4PM**      6

**\*Are We Helping or Hurting? Family Dynamics,  
Substance Misuse, Addiction & Recovery**  
William Stauffer, LSW, CCS, CADC

**Registration Information**      7

## **Accreditation:**

The PCB no longer approves training.

\*These courses have been submitted for accreditation from the State Board of Licensed Social Workers, Professional Counselors, & Marriage/Family Therapists.

**\$60 Workshop fee for full day (includes State Board CEU's)**  
**\$30 Workshop fee for half-day**



# Treatment Needs of Women & the Impact of Stigma

Kimberly McGlaughlin, PhD, LPC, CAADC

This training will provide participants with an overview of the specific treatment needs for women. Participants will be challenged to explore the differences between voluntary and involuntary admission to treatment and how society might shape involuntary admission for pregnant and parenting women. Additionally, the training will explore the barriers and stigma that negatively impact seeking, engaging, and remaining in treatment. Each participant will leave the training with a personalized plan of how they will support women entering treatment and combatting stigma they face.

## Learning Objectives

- Identify two ways treatment needs differ for women
- Define voluntary vs involuntary admission to treatment & how it's impacted by parenting
- Identify two barriers women face when entering treatment
- Develop a personal plan to combat the stigma women face when entering into treatment

## Biography

**Kimberly McGlaughlin** is the Program Director at MATER (MATERNAL ADDICTION TREATMENT, EDUCATION & RESEARCH) at Jefferson Health. She began at MATER as a therapist at My Sister's Place before moving to an outpatient therapist at Family Center. Kim was the sole therapist for Intensive Outpatient and worked to create, develop, and implement an IOP program at Family Center. As Program Director, she oversees all clinical therapeutic services at Family Center and My Sister's Place. Kim implemented a trauma responsive transformation at MATER and has worked to shift the view of those in recovery from resistant to resilient. Additionally, Kim oversees compliance, ensuring programmatic licensing and accreditation. Her research interests include pregnancy intendedness, self-compassion, treatment readiness, and the impact of trauma. Kim earned a Doctorate degree in Human Sexuality Studies and Master's degrees in Counselor Education and Human Sexuality Education.



# Professionalism in the Workplace

Brad Schweitzer, MS, CADC, CIP, CRS, CRSS

Professionalism is more than just showing up and doing your job. It involves the behaviors and attitudes a professional demonstrates that define their capacity to be competent, ethical, and courteous in all interactions in the workplace. This training focuses on peer roles and will explore a variety of topics such as work ethic, effective communication, maintaining boundaries, managing emotions, and resolving conflicts in the workplace. Concrete examples will be given to highlight ways to improve your professionalism.

## Learning Objectives

- To define professionalism & explore how it relates to behavior & communication
- To examine how professionalism relates to maintaining boundaries, managing emotions, and dealing with conflicts in the workplace
- To provide helpful tips for helping professionals on how to help further promote professionalism in the workplace

## Biography

**Brad Schweitzer** has been working within the behavioral health field for over a decade. His treatment work experience includes: Associate Director of Operations, Peer Support Supervisor, Recovery Support Services Supervisor, Therapist, Case Manager, Mental Health Recovery Coach and Addictions Navigator. Brad is the owner of Behavioral Health Education Services LLC, for which he develops and facilitates trainings focused on professionals seeking PCB-approved education for initial and recertification purposes. He is one of the Lead Subject Matter Experts (SME) for the PCB Approved CRS/CFRS Curriculum released in January 2021.

Brad holds an A.A. in Psychology, B.A. in Behavioral Health – Addictions, and a M.S. in Human and Social Services. His focus on the development of quality professional education offerings helps to fulfill one of his passions; to thoroughly train individuals seeking the CRS, CFRS, and CRSS certifications. He takes great pride in preparing professionals to collaboratively work with individuals to overcome personal barriers and access resources needed to promote and strengthen their ongoing behavioral health and mental health wellness.



# Ethics & Professionalism

Eric Webber, MA, CADC, ASAT, CCPG

\*This course will satisfy Ethics requirements

This training will review the four principles of healthcare ethics, examine current ethical issues such as dual relationships, self-disclosure of clinicians, technology, and relevant ethical dilemmas. We will cover ethical decision making, practice with some ethical dilemma vignettes, and have an opportunity to discuss participant experiences with ethical dilemmas. It will then move into concepts of professionalism, including attitude, competence, appearance, responsibility, teamwork, communication, among others. It will focus on specific and concrete behaviors to engage in and not engage. It will finish on the importance of professional development and what to look for in quality trainings. Throughout the presentation there will be group discussion, group polls, and interactive activities to keep all participants fully engaged.

## Learning Objectives

- Identify the four healthcare ethical principles
- Identify, examine, and discuss current ethical dilemmas
- Practice ethical decision making
- Identify and discuss eight attributes of professionalism

## Biography

**Eric Webber** is the Director of the Caron Legal Professionals Program and Senior Clinician of Specialty Services at Caron Treatment Center. He provides direct care through specialty lectures and counseling sessions focused on relapse, Addiction Interaction Disorders, work/professional related issues, and other targeted needs. He conducts the Legal Professionals group, as well as a general Executive/Professional group. Mr. Webber provides CLE trainings across the country for various State Bar Associations, laws firms, and various private organizations. He is also a trainer for PCB, DDAP, and various private treatment providers.

Eric is a Certified Alcohol and Drug Counselor, Certified Clinical Supervisor, and holds a Certificate of Competency in Problem Gambling, all through the Pennsylvania Certification Board; he is also a Certified Sex Addiction Therapist and a Certified Multiple Addiction Therapist through the International Institute for Trauma and Addiction Professionals. He holds a Master's Degree from Alvernia University.



# SUD Treatment in a Dual-Diagnosis World

Martha Thompson, PsyD, LPC, CADC

This training will provide insights into working with COD diagnosed patients. It will also address identification of co-occurring issues and treatment options. Relapse and risk rates amongst the dual population will be addressed. This special population is a growing one which needs special care in their treatment due to the high acuity and high recidivism rates. Attendance at the training will increase your confidence to address the dual diagnosis population.

## Learning Objectives

- Increase awareness of referrals and treatment options for dually diagnosed patients
- Increase understanding, prevalence and compounding factors of co-occurring issues in mental health and substance use disorder treatment
- Increase knowledge about relapse risks and treatment for dually diagnosed patients

## Biography

**Dr. Martha Thompson** completed both her doctorate and master's degree in clinical psychology at Forest Institute of Professional Psychology in Springfield, Missouri. She is the owner of Empower the Mind LLC, where she provides outpatient mental health and drug and alcohol treatment, clinical training and consultation for professionals in the field. She has worked in various community services agencies including addiction treatment, domestic violence shelters and jails and was awarded the 2013 Certified Professional of the Year Award by the Pennsylvania Certification Board.

Over the last several years she has taught at Harrisburg Area Community College, Alvernia University and Lebanon Valley College. In addition, she is a Licensed Professional Counselor and Certified Advanced Alcohol and Drug Counselor. She has completed Certification for the American Academy of Pain Medicine in Pain Management and Biofeedback Certification International Alliance requirements in both Biofeedback and EEG.



# Are We Helping or Hurting? Family Dynamics, Substance Misuse, Addiction & Recovery

William Stauffer, LSW, CCS, CADC

Substance misuse and addiction impacts the entire family constellation. How we think about and respond to substance use matters. It is as individualized as it is working with the member impacted by the use. In this training we will consider how we conceptualize SUD impacted family dynamics. We will explore family in the context of the SUD recovery movement, shame and negative perception about SUD as a barrier to seeking help. We will also consider the opportunities moving forward to incorporate family wellness into the spectrum of long-term care and support healing efforts for SUD in America.

## Learning Objectives

- Identify subjective characteristics of "functional" & "dysfunctional" behavior and how homeostasis is disrupted when substance use, misuse, & addiction occurs in the family
- Learn about selected history of family focus in the US recovery movement to contextualize our current era
- Develop a deeper understanding on the impact of shame and stigma on family wellness and explore roles often assumed within substance misuse impacted families

## Biography

**William Stauffer** is the Executive Director of Pennsylvania Recovery Organization Alliance (PRO A). He is in long-term recovery since age 21 and has been actively engaged in public policy in the recovery arena for most of those years. Bill is a graduate of Northampton Community College, Cedar Crest College, and Kutztown University. He is also an adjunct professor of Social Work at Misericordia University in Dallas Pennsylvania. Bill has over 25 years of clinical and administrative experience in both inpatient and outpatient settings. He has been a staunch advocate for strong SUD Patient Privacy Protections at both the state and federal levels for many years and has initiated numerous workforce expansion initiatives for persons in recovery. A major focus of his work has been aimed at moving our entire SUD care system towards a five-year care paradigm to dramatically expand the numbers of Americans in Recovery while saving lives, resources, & communities. Bill was the 2019 recipient of the Vernon Johnson Award Individual Recovery Advocate of the year, and the 2002 Recipient of the Lecie G. Machell prize in Social Work. Prior to taking the position of executive director of PRO-A, he was awarded the Recovery Advocate of the year in 2008.

Friday, November 17, 2023 9AM-4PM



## Registration Information

### Ways to Register:

Mail with Payment to:

Treatment Trends Training Institute

Attn: Diana Heckman

PO Box 685

Allentown PA 18105 [www.treatmenttrends.org/ttitraininginstitute](http://www.treatmenttrends.org/ttitraininginstitute)

Phone: 610-432-7690 x 1217

Fax: 610-439-0315

### Payment:

Payment should be made in advance of class start date, however walk-ins or late registration payment at the door is acceptable in cash, check or money order made payable to Treatment Trends, Inc. We do not accept debit or credit cards for payment at the door.

### Refunds & Cancellation Fees

Diana Heckman must be notified at least **24 hours** in advance if an individual cannot attend a training. Substitutions are permissible! Individuals who cancel will be given the choice of a refund or credit towards another course in the *current* track. **There are no refunds or credits issued for no-shows.** Cancellations after the 24-hour window will be subject to a **\$25 processing fee**. If Treatment Trends would need to cancel a training, participants may choose either a full refund or credit towards another course in the current or next available track.

### Accreditation

The PCB no longer approves training. All courses can be used by certified professionals as education upon recertifying. Certain courses are submitted to the State Board of Licensed Social Workers, Marriage and Family Therapists and Professional Counselors. Check our web site for official confirmation of credit approval.

For directions & parking information, contact [dianaheckman@treatmenttrends.org](mailto:dianaheckman@treatmenttrends.org) or 610-432-4690

**We currently offer a group discount program!**

**3-5 people: 5% off**

**6-10 people: 10% off**

**10+ people: 15% off**