



# UPDATE

*Newsletter / August 2024*

## **TTI Celebrates Healing Community: 2024**

We are excited to welcome Bill Stauffer, Executive Director of PRO-A, as our honorary guest speaker at our 2024 event! Join us on [Friday, September 20th](#) at the [Renaissance Allentown Hotel](#) for an afternoon of advocacy, leadership, and community. *Thank you, Bill, for being here for TTI!*

**AN ADVOCATE, A LEADER,  
& RECOVERY SUPERHERO.**

[Get Your Ticket!](#)

[Thank you to our sponsors to date:](#)

B. Braun Medical, St. Luke's University Health Network, PPL Electric Utilities, PNC Bank, Mid-Atlantic Rehabilitation Services, Lehigh Valley Health Network & Recovery Cove

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## **Celebrating Client Successes**

On July 6th and 13th, TTI honored clients and celebrated their successes at our Lehigh County TCAP Graduation and Alumni Picnic at the Allentown Rose Gardens. TTI is proud to have been a support and guide to so many, and we are overjoyed by their dedication and determination. Thank you for allowing TTI to be a part of your recovery journey.

## Ice Cream Social

Thank you to all who came out to OwowCow for a sweet treat (or two!) on Friday, July 12th for our Ice Cream Social! We were thrilled with the turn out and are so grateful to have so many friends in the community who support us and all we do.



The donations that came back from the evening will help us continue to do what we do, and that's thanks to all of you.

A special thank you to Recovery Cove for helping us make this a success, and to our friends at OwowCow for giving us the opportunity to participate. Hope everyone had as much fun as we did!

## Summer's in Full Swing!

Summer is a time most people look forward to every year, with warmer weather and fun, exciting events. However, it can bring challenges for those in recovery, especially when it comes to social gatherings where alcohol may be present. If you find yourself in a situation this summer, keep these things in mind, and remember that *TTI is always here to help.*



- ✓ Bring your own drinks so you have safe options!
- ✓ Bring your favorite summer fruit to share & snack on!
- ✓ Start an outdoor game to keep everyone active!
- ✓ Stick with friends & family who understand your needs!
- ✓ Drive yourself & don't be afraid to say "no" if you need to!

## Recovery Centers

Who said sobriety can't be fun? Our recovery centers offer tons of recovery-focused activities, events, and more! Stop by any one of them this month to get involved in the fun!

[www.treatmenttrends.org/recoverycenters](http://www.treatmenttrends.org/recoverycenters)



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