



Donation requests for residents of Allentown Halfway Home

An ID is necessary to secure employment, and for many of our clients, the \$42.50 fee often is not possible. It is our goal to raise money for our clients to be able to pay for a duplicate ID, all donations received from this collection will be used for employment case management needs. This includes: duplicate IDs, bus passes, and other required employment documentation. Building a stable foundation for ongoing recovery.

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Arrival of the Wellness Vending Machine at Allentown Halfway Home

Earlier this year, a 24/7 Public Health Kiosk, funded by Lehigh County Drug and Alcohol and Rise Above Opioids, was delivered to the Allentown Halfway Home. One of two across Lehigh County, it provides access to Naloxone (Narcan), hygiene items and other life-saving harm-reduction supplies. This includes; wound-care kits, hygiene items and other basic public health supplies. All items available are free of charge, and require minimal, anonymous data to assess community needs and improve inventory over time. Check it out near the entrance of the Halfway Home!



Sweet Treats at Allentown Residential

Over at Allentown Residential, there is something in the air. It's not just fresh paint, Tammy is inevitably baking something delicious. Looking more akin to the most viral cookie brands, the residents and staff of Allentown Residential are well taken care of. With full bellies, and a diverse, and fresh seasonal menu, mindfulness truly is the focus of Allentown Residential.



Suicide in Lehigh County rising: supporting each other

If you or someone you know is struggling or in crisis, help is available.

Text or call 988 or chat 988lifeline.org, or reach out to a mental health professional.

988

SUICIDE & CRISIS LIFELINE

FE24-988-014

Lehigh County Coroner Dan Buglio reported to WFMZ an alarming rise in suicide rates in Lehigh County. With 20 confirmed suicides already in 2026, he expressed concern that this year is on pace to have the highest rate of suicide in recent years. As treatment providers it is essential that we are prepared to have challenging conversations. While it is an unfortunate reality with significant effects, suicide is preventable.

SUICIDE WARNING SIGNS FOR ADULTS

You Are Not Alone



Risk is greater if a behavior is new or has increased, and if it seems related to a painful event, loss, or change.

- Talking about or making plans for suicide.
- Acting anxious or agitated; behaving recklessly.
- Talking about being a burden to others.
- Talking about feeling trapped or in unbearable pain.
- Increasing the use of alcohol or drugs.
- Talking about feeling hopeless or having no reason to live.
- Sleeping too little or too much.
- Withdrawing or feeling isolated.
- Showing rage or talking about seeking revenge.
- Displaying extreme mood swings.

988, the national Suicide & Crisis Lifeline, provides a guide for identifying warning signs for adults and youth, as well as resources to provide support and resources to loved ones.

SUICIDE WARNING SIGNS FOR YOUTH

You Are Not Alone



It's time to take action if you notice these signs in family or friends:

1. Talking about or making plans for suicide.
2. Expressing hopelessness about the future.
3. Displaying severe/overwhelming emotional pain or distress.
4. Showing worrisome changes in behavior, particularly in combination with the warning signs above, including significant:
 - Withdrawal from or changing social connections/situations.
 - Changes in sleep (increased or decreased).
 - Anger or hostility that seems out of character or out of context.
 - Recent increased agitation or irritability.

Change on Hamilton's Child Watch Program

Journeys, at Change on Hamilton, since February 2026 has offered Child Watch. This program is designed to help eliminate childcare barriers that parents and caregivers often experience in their recovery process. This is available to families of all compositions, who are participating in Change on Hamilton services, including the Recovery Support Services/CRS Department and/or Journeys. Limited to 4 hour blocks at a time, this allows parents to participate and engage in appointments, programs and personal growth. All while knowing their children are in capable hands.

If you have anyone that may benefit from these services, please reach for more information.

Childwatch

Care for them, while you care for you.



Offering peace of mind and an opportunity to get things done. Let Child Watch care for your young ones.

Must be participating in Change on Hamilton Recovery Services

Hours of Operation

Monday & Wednesday 12:00-4:00pm

Tuesday, Thursday, Friday 8:30am-1:00pm

Contact your Change on Hamilton representative for registration information



Staff Highlight:

Tara

Client Accounts Associate
Allentown Outpatient

Tara is known across Treatment Trends for bringing an infectious energy to the room, and always putting a smile on the faces of those she comes in contact with. She is a jack of all trades for Allentown Outpatient, and ensures funding, transportation and billing are not barriers for clients obtaining the care they need. Until recently, you saw her emails come through regarding safety, and on February 2, 2026 she celebrated 8 years with Treatment Trends. The party doesn't start until she arrives, a lover of numbers and the 80's, make sure to say hi!



Staff Highlight:

Jasmine Case Manager

Allentown Residential

Catherine has been recognized consistently for her dedication to being an active member of her team. As intake coordinator, she has been consistent in learning and mastering her role, displaying confidence and a cheerful, friendly demeanor at all times. She is mindful in introducing individuals to our program and orienting them as they prepare to engage in residential treatment. Catherine gets to know each client in a meaningful way and makes sure everyone she comes into contact with feels valued.